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67. (New) A composition according to Claim 65 wherein the internal lubricant comprises a fatty acid amide.
 68. (New) A composition according to Claim 67 wherein the fatty acid amide is a straight or branched C₁₂-C₂₄ fatty acid amide.
 69. (New) A composition according to Claim 65 wherein the plasticiser is selected from the group consisting of ethylene glycol, glycerol, triethylene glycol, low molecular weight polyethylene glycols and C₂-C₈ amides.
 70. (New) A composition according to Claim 65 in the form of a tablet or pellet obtainable by cold-pressing.
 71. (New) A composition according to Claim 65 wherein the filler comprises inert, inorganic material.
 72. (New) A composition according to Claim 65 wherein the filler comprises a superabsorbent material.
 73. (New) A composition according to Claim 71 wherein the inorganic filler comprises calcium carbonate.
 74. (New) A composition according to Claim 65 wherein the external lubricant comprises a stearate.
 75. (New) A composition according to Claim 65 comprising, by weight:-
50 to 60% PVA;
30 to 40% stearate-coated calcium carbonate;
8 to 15% glycerol;
0.5 to 1.5% octadecanamide; and
0.0001% to 0.1% zinc stearate.
 76. (New) A composition according to Claim 65 prepared substantially without melting of the PVA.
 77. (New) A composition according to Claim 65 having a moisture content less than about 10% by weight but greater than 0.01% to bind the pellets or tablets.

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78. (New) A method of making a composition according Claim 65 comprising:
blending the PVA with the plasticizer, the external lubricant, the internal lubricant and the filler, said internal lubricant including a fatty acid amide and said filler comprising a superabsorbent material, in the presence of an amount of moisture sufficient to bind the polymer feedstock into tablets or pellets upon cold pressing; and cold pressing the feedstock into tablets or pellets.
 79. (New) A method according to Claim 78 wherein the PVA, the internal lubricant and the filler are blended in a high speed blender.
 80. (New) A method according to Claim 79 wherein the PVA, the internal lubricant and the filler are fed into the high speed blender gravimetrically.
 81. (New) A method according to Claim 78 further comprising adding moisture to the components to be blended.
 82. (New) A PVA-containing composition, comprising a blend of:-
PVA;
a fatty acid amide lubricant, wherein the fatty acid amide is a straight or branched C₁₂-C₂₄ fatty acid amide;
from 0% to 20% by weight of a plasticiser selected from the group consisting of ethylene glycol, glycerol, triethylene glycol, low molecular weight polyethylene glycols and C₂-C₈ amides;
stearate as an additional lubricant component
at least 20% filler.
 83. (New) A composition according to Claim 82 wherein the fatty acid amide comprises octadecanamide.
 84. (New) A composition according to Claim 82 comprising up to 5% fatty acid amide lubricant, by weight.
 85. (New) A composition according to Claim 82 wherein the filler comprises inert, inorganic material.
 86. (New) A composition according to Claim 85 wherein the inorganic filler comprises calcium carbonate.

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87. (New) A composition according to Claim 82 having a moisture content less than about 10% by weight.
 88. (New) A composition according to Claim 87 having a moisture content greater than 0.01% by weight
 89. (New) A composition according to Claim 82 wherein the PVA has a molecular weight of at least about 10,000.
 90. (New) A composition according to Claim 82 wherein the PVA is partially hydrolysed.
 91. (New) A composition according to any of Claim 82 in the form of a tablet or pellet obtainable by cold-pressing.
 92. (New) A method of making a PVA-containing composition comprising blending PVA with:-
a fatty acid amide lubricant, wherein the fatty acid amide is a straight or branched C₁₂-C₂₄ fatty acid amide;
up to 20% by weight of a plasticiser selected from the group consisting of ethylene glycol, glycerol, triethylene glycol, low molecular weight polyethylene glycols and C₂-C₈ amides; and
stearate as an additional lubricant component;
at least 20% filler; and
pressing the composition into tablets or pellets.
 93. (New) A PVA-containing composition, comprising a blend of:-
PVA;
a fatty acid amide lubricant, wherein the fatty acid amide is a straight or branched C₁₂-C₂₄ fatty acid amide;
up to 20% by weight of a plasticiser selected from the group consisting of ethylene glycol, glycerol, triethylene glycol, low molecular weight polyethylene glycols and C₂-C₈ amides;
stearate as an additional lubricant component
a filler, wherein the filler comprises calcium carbonate.